

**DBSA****Depression and Bipolar
Support Alliance****Greater Houston**

Depression and Bipolar Disorder Support Group in MID-TOWN!

DBSA Greater Houston, the Gulf Coast area's largest provider of mental health support groups, is please to announce the opening of its newest support group in Mid-Town! As with all of our support groups, the group in Midtown will be open to the public at no cost and is completely confidential for those who attend.

WHO: Adults experiencing the symptoms of Depression or Bipolar Disorder as well as family members, caregivers and friends of those that are affected by either illness

WHAT: Participants will meet in a supportive environment to explore coping and recovery strategies for depression and bipolar disorder diagnosis. A licensed clinician will be present to facilitate the group, address concerns or answer any questions. Informative literature about either illness will be made available as well

WHERE: St. John's Church
2019 Crawford
Houston, TX, 77002
Room 215

WHEN: Every Tuesday from 6:30 pm to 8:00 pm

CONTACT: DBSA Greater Houston at (713) 600-1131 for more information on mood disorders, this specific group, other group locations or directions. Visit our website at: www.dbsahouston.org

Offering **Free** Support to Houston

www.dbsahouston.org